



The Royal Environmental  
Health Institute of Scotland

# Qualifications for Communities



*Scotland's Awarding Body for Qualifications in Food and Health, Food safety, Health and safety and Infection Control*

## REHIS Courses

REHIS Introductory courses are equivalent to Level 1 Awards, Elementary courses are equivalent to Level 2 Awards, Intermediate courses are equivalent to Level 3 Awards, and Advanced Courses are equivalent to Level 4 Awards in England, Wales & Northern Ireland.

Some REHIS courses are also levelled and credit rated on the Scottish Credit and Qualifications Framework (SCQF).



## Health and Safety Courses

These are available at four levels; Introductory, Elementary, Intermediate and Advanced. The Introductory course meets the requirements for induction for all staff before they progress to higher level courses. The Elementary course is ideal for all workers, the Intermediate course is designed for supervisors and the Advanced course gives managers a firm grounding in the subject, and meets the technical qualifications required to become a registered course presenter. Specific courses in risk assessment, management of risk in the workplace and manual handling are also available.

## Food Hygiene Courses

These are available at Introductory, Elementary, Intermediate and Advanced levels. The Introductory course is aimed at new staff before they progress to higher level courses and will also meet the requirements for staff who are not food handlers. The Elementary course is designed for all food workers in the food industry, the Intermediate course is appropriate for supervisors and the Advanced course gives managers a detailed overview of food safety and meets the technical qualifications required to become a registered course presenter. A specific course on controlling cross contamination in food premises is also available. It is aimed at managers and supervisors of food premises of all sizes where both raw food and ready to eat foods are handled.

## International Courses

Most REHIS courses are available in an International format which enables them to be provided outwith the United Kingdom. Certification is by REHIS.

## Joint Awards Programme

Where a standard REHIS qualification is not appropriate, REHIS will work with a partner to develop a sector or organisation specific qualification which will be certified by REHIS.

## REHIS and SQA

REHIS and the Scottish Qualifications Authority work in partnership to produce SQA units which are also accredited by REHIS.

## HACCP Courses

These qualifications are appropriate for all persons employed in a food manufacturing type business who need to have an understanding of HACCP. However, although designed for food manufacturing, they are also suitable for all food handlers; catering, hospitality and retailing, to raise awareness of food safety management systems based on HACCP principles. A Food Safety Management System for Caterers course is also available. It is aimed at those responsible for food safety management systems in catering and hospitality establishments.



## Food and Health Course

The Food and Health courses are available at Introduction and Elementary Level. Food and Health provides up to date nutritional and health information that would be of use to anyone working with, or interested in food and health. This could include staff, volunteers and service users from health and social care, catering outlets, education, early years, community groups, community education, care homes and the leisure and hospitality industry.

There are also specific courses in Food and Health. The Elementary Food and Health for Carers of Adults with a Learning Disability Course is suitable for anyone working with adults with a learning disability such as social and health care staff and volunteers, carers and catering staff. It aims to provide participants with the knowledge and appreciation of the role of nutrition and health to help them support service users with regard to the provision of food and food choices. The Eating Well for Older People Course aims to provide participants with the knowledge and appreciation of the importance of nutrition and health for older people and how to support them to eat well.

## Cooking Skills Course

This course is available at Elementary level. It is a practical course aimed at anyone with little or no cooking experience; this could include participants from transition and life skills groups, community and voluntary groups, parent groups, young and elderly people, healthcare staff, carers and support staff. The course covers basic food preparation and cooking, understanding and following recipes and food safety.

## Prevention and Control of Infection Course

Available at Elementary Level. Target groups for this course include all non-NHS staff that provide a care service including care at home, care homes for children and young people, early education and childcare. The course is also aimed at individuals within these groups who have minimal contact, staff who have contact with service related equipment, and contracted/voluntary staff engaged in any of the categories above. The course is suitable for anyone who has an interest in preventing and controlling infectious disease.

## REHIS Approved Training Centres

REHIS is an awarding body and develops course content and sets course validations. Courses are presented by approved training centres and registered course presenters. REHIS provides a very strict quality assurance system to help maintain a consistent standard of training across the network of approved training centres.



# The Royal Environmental Health Institute of Scotland

REHIS is the organisation responsible for the training and professional development of Environmental Health Officers working in Scotland and other parts of the world. REHIS was founded in 1983 and is dedicated to the promotion of all aspects of environmental health. REHIS is a member of the International Federation of Environmental Health.

Primarily concerned with the health and well-being of Scotland's people, the Institute was formed in 1983 by the amalgamation of two Institutes, the most senior of which was founded in 1875. Although there have been spectacular improvements in public health since 1875, many of the underlying problems remain and further gains will require adequate resources.

One of the most effective ways to use scarce resources to improve public health is through education and training. The Institute makes available, either directly or by approved training organisations, a large number of training events each year. Should you wish to know more about the Institute's educational activities, please contact us at the address below or ask any of our approved training organisations.

## REHIS Publications

To ensure that appropriate and up-to-date training resources are always available to supplement the training provided on REHIS courses, REHIS liaises with selected publishers to develop appropriate materials.



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